Chaplain Nathan Mestler grew up in Bernalillo, New Mexico, where his father was a pastor. When he was 11, his family moved to Nairobi, Kenya, as missionaries and church planters.

He attended International Baptist College, then in Tempe, Arizona, and received a Bachelor's degree in Bible and Missions in 2003. After he and his wife were married in 2004, they moved to Lansdale, Pennsylvania, so he could enter the Master of Divinity program at Calvary Baptist Seminary. He received the M.Div. in 2008 and remained at the seminary for another year to continue in the Master of Theology program.

In 2009, he returned to Arizona to work on the staff of International Baptist College and Seminary, now in Chandler, Arizona. He works as the Dean of Students and teaches Bible, biblical languages, and ministry preparation courses.

He was ordained to the ministry in February 2010.

In February 2011 he was sworn in as a first lieutenant to the Arizona Air National Guard and began working at the 162nd Fighter Wing, now known as the 162nd Wing, in Tucson, Arizona. He serves and counsels the 1700 members of that unit.

He completed Commissioned Officer's Training at Maxwell AFB in 2012.

Promoted to captain in February 2013

Basic Chaplain Course was completed in August 2013, where he earned the Academic and Distinguished Graduate awards.

Chaplain Mestler and his wife Bethany have four children and live in Arizona.